

PE – Whole School Overview -Rolling Programme: 2025-26 (A) / 2026-27 (B)

(PE is delivered for 2hrs every week)

Year Group	Autumn		Spring		Summer	
	1.1	1.2	2.1	2.2	3.1	3.2
Nursery						
Reception	Fine Motor skills Fundamental Dance - Seasons	Movement Skills 1 Dance - Toys	Gym - Rocking & Rolling Gymnastics – Flight, bouncing, Jumping & Landing	Object Control 1 Locomotion 1	Net & Wall Game Skills 1 Striking & Fielding Game Skills 1	Personal Challenges Athletics 1
Year 1/2 2025-26 (A)	Locomotion 2 Fundamental Movement Skills 2	Gymnastics - Wide, narrow & curled rolling & balancing Gymnastics - Balancing & spinning on Points & Patches	Object Control 2 Dance - Animals	Personal Challenges Target Games 2	Net & Wall Game Skills 2 Invasion Game Skills 1	Fundamental Movement Skills 3 Invasion Game Skills 1
Year 1/2 2026-27 (B)	Personal Challenges Invasion Game Skills 2	Gymnastics - Spinning, turning & twisting Gymnastics - Pathways: straight, zigzag & curving	Dance - Under the Sea OAA	Gymnastics - Stretching, curling & arching Invasion Game Skills 2	Net & Wall Game Skills 2 Striking & Field Game Skills 2	Athletics 2 OAA
Year 3/4 (2025-26) (A)	Football Basketball	Health Related Fitness Gymnastics - Partner work - Pushing and pulling	OAA Netball	Dance – Romans Dodgeball	Tri Golf Cricket	Tennis Athletics 4
Year 3/4 (2026-27) (B)	Basketball OAA	Tag Rugby Dance - Egyptians	Hockey Gymnastics - Linking movements together	Dance - Dance Around the World Football	Cricket Health Related Fitness	Tennis Athletics 3
Year 5	Hockey Football	Dance - Dance through the ages Health Related Fitness	Swimming	Swimming	Rounders Tennis	Tag Rugby Athletics 5
Year 6	Football Tag Rugby	Dance - World War 2 OAA	Personal Challenges Gymnastics - Group Sequencing	Handball Cricket	Hockey Athletics 6	Volleyball